

Leadership Metamorphosis: Stage Two

“The more you listen to the voice within you, the better you will hear what is sounding outside.”

Dag Hammarskjöld



This experiential workshop offers a powerful process of personal and professional transformation, resulting in extraordinary insight into the source and use of the individual leader’s authentic strength and power. Organizations benefit as participants utilize their expanded knowledge to generate positive results in a focused and useful manner toward the fulfillment of leadership objectives.

“Through LMS2 I took a look at my life and the way I interact with others. The tools they provided allowed me to examine who I am and better determine the world I want to create. As a result, I’ve struck a healthier work/life balance, and I’ve found my relationships are much more productive and rewarding.”

Del Galloway

Partner
Husk Jennings Galloway +
Robinson

Who Should Attend

LMS2 is designed for executives and professionals who have completed the five-day High Impact Leadership Seminar (HILS) or a similar intensive program, and who want to further enhance their leadership and professional growth and development.

Key Focus: Deeper Self-Knowledge. Internal Power and Potential.

To become truly effective leaders, individuals must shift their paradigms or consciousness of themselves, their perceptions of leadership effectiveness, and their beliefs about how business can and should operate.

The LMS2 journey begins with two days of intensive leadership self-awareness. Exercises and discussions are designed to guide participants to identify peak potential and limiting beliefs. They learn to release inner roadblocks and paradigms that hinder effective leadership behaviors. They

also learn to tap into vital physical resources for heightened internal energy.

Participants become more acutely aware of how stress and unreleased negative emotions impact the individual’s thought patterns, health, energy and leadership effectiveness. They are introduced to practical stress reduction techniques including kinesthetic and mind techniques.

“Man’s mind, once stretched by a new idea, never regains its original dimensions.”

Oliver Wendell Holmes

The process continues with two days of intensive personal challenges that expand effective leadership skills. Exercises help “re-awaken” the depths of individual internal power and potential, building personal courage and leading to transformational shifts in thought and action.

Participants fully integrate their experiences and bring to closure the practical benefits of their insights. They create personal and organizational leadership growth commitments and action plans with the knowledge that reaching leadership potential and peak experience is a creative and constant improvement process.



“My experience in LMS2 greatly expanded and deepened my understanding of my personal strengths and weaknesses, and how they affected my co-workers and employees. As a result, I was able to change my leadership style from needing to control everything, to one that encouraged and supported employee-driven initiatives.”

Jean Hendrick
President
G&J Consulting



Leadership Benefits

- ✦ Self-awareness
- ✦ Self-leadership
- ✦ Commitment to growth
- ✦ Stress management
- ✦ Change management
- ✦ Situational leadership
- ✦ Interpersonal effectiveness

What to Expect

Since every individual is unique, the experience is structured to meet each participant's unique personal and leadership development. Participants should plan to remain fully involved in the group and individual processes from morning until night. They may also wish to consider an additional day alone following the program to fully integrate what they have learned.

Extending Leader Development

In addition to LMS2, Stop At Nothing provides a full range of executive development services:

Executive Coaching

- ✦ Customized Executive and Management Consulting Services (EXEC)

Team Development

- ✦ Cultural Transformation and Team Development (TEAM)

Sales Leadership

- ✦ Cognitive Selling Seminar (CSS)

Organizational Leadership

- ✦ Self Leadership and Empowerment (SLE)

Individual Leadership Development

- ✦ High Impact Leadership Seminar (HILS)
- ✦ Leadership Metamorphosis: Stage Three (LMS3)
- ✦ The Leadership Continuum (TLC)



LMS2 sessions are held at the Jekyll Island Club Hotel in Jekyll Island, Georgia.

LMS2 Program Details

- Prerequisite:** High Impact Leadership Seminar (HILS).
- Class Size:** Limited to 14 participants. More than one person per organization is allowed.
- Length:** 5 days, Monday through Friday. Includes some evening work.
- Location:** Jekyll Island, Georgia. 80 miles north of the Jacksonville International Airport.
- Dates:** Offered 4 times per year. Visit our website or call for a schedule.
- Tuition:** Refer to schedule card.
- Register:** Call us at 904-249-4410 or register online at www.stopatnothing.com



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