

# The Leadership Continuum

“Inside yourself is a place where you live all alone, and that’s where **you renew your springs that never dry up.**”

Pearl Buck



TLC takes participants further down the road of empowering self-discovery, thereby opening up more of their latent natural leadership capabilities. Aspects of prior Stop At Nothing workshops are integrated so that attendees can dramatically accelerate the integration of their most impactful leadership style in harmony with the work and life environments.

**“TLC truly helped me to define my true purpose and path in life. It cemented what is important to me and put perspective into my whole life. I learned that true leadership only really comes from within. TLC helped me find this true strength and unleash it!”**

Mandy Flint

President  
Excellence In Leadership

## Who Should Attend

TLC is designed for graduates of either High Impact Leadership Seminar-2 (HILS-2) or our former High Impact Leadership Seminar-3 (HILS-3) who are prepared for a powerful renewal of prior leadership growth commitments and who have a desire to tap even deeper layers of hidden potential. Exercises are tailored to meet each participant at his or her individual level of development and self-awareness.

## Experience-based Learning

Leadership is learned from direct experience, not from books or activity checklists. TLC creates an environment and process conducive for personal exploration of hidden layers of leadership potential.

The building block process involves a series of powerful experiential exercises. Each exercise is designed to enhance awareness of each individual’s effectiveness in the key areas of leadership that affect his or her personal impact and sphere of influence. TLC is the ideal platform to face weaknesses and discover and deal with root causes of non-useful patterns, while re-affirming inner qualities of strength and authentic power.

## The Hero’s Journey

Facing life’s difficult challenges requires leaders to face the truth about themselves, and to be openly at risk and vulnerable. Throughout

mythology, the hero must face and conquer inner and outer battles for their inner growth and for the good of the community. Successful long-term leaders connect to their inner qualities of trust, insight and integrity and use these strengths to face weaknesses and patterns of behavior that inhibit growth.

TLC philosophy is built around the hero’s journey of continuous growth, with a focus on growing leadership courage to take smart risks, as well as enhancing creativity and flexibility.

## Leadership Benefits

- ✦ Leading through rapid change
- ✦ Building trust and openness
- ✦ Turning difficult situations into opportunities
- ✦ Focusing on personal productivity and performance
- ✦ Enhancing creativity and flexibility
- ✦ Cultivating high performance teams
- ✦ Eliminating sabotage behaviors
- ✦ Gaining courage to take smart risks

**“One does not discover new lands without consenting to lose sight of the shore for a very long time.”**

Andre Gide

“It is what we think we know already that often prevents us from learning.”

Claude Bernard

### What to Expect

The exercises of TLC will guide participants to the inner qualities they already possess, and will leave them with a deep connection to these qualities, along with a personal plan on how to implement them in their organizations.

### Extending Leader Development

In addition to TLC, Stop At Nothing provides a full range of executive development services:

#### Executive Coaching

- ♦ Customized Executive and Management Consulting Services (EXEC)

#### Team Development

- ♦ Cultural Transformation and Team Development (TEAM)

#### Sales Leadership

- ♦ Trust and Relationship Seminar (TRS-1)(TRS-2)

#### Individual Leadership Development

- ♦ High Impact Leadership Seminar (HILS-1, HILS-2, TLC, TLC-Adv)



TLC Sessions are held at the Sevenoaks retreat center in Madison, Virginia.

### TLC Program Details

**Prerequisites:** High Impact Leadership Seminar-2 (HILS-2) or High Impact Leadership Seminar-3 (HILS-3)

**Class Size:** Limited to 14 participants. More than one person per organization is allowed.

**Length:** 5 days, Monday through Friday. Includes some evening work.

**Location:** Sevenoaks Retreat Center in Madison, Virginia.

**Dates:** Offered once a year. Visit our website or call for a schedule.

**Tuition:** Refer to schedule card.

**Register:** Online at [www.stopatnothing.com](http://www.stopatnothing.com) or call us at 904-249-4410.



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 Stop At Nothing

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