



HIGH IMPACT LEADERSHIP SEMINAR-1

Strong leadership starts with self-awareness.

HILS-1 is the starting point of transformational leadership. This 5-day immersive seminar sharpens presence, emotional intelligence, and the ability to lead with clarity—especially under pressure. Through guided experiences, real-time feedback, and deep reflection, participants gain insight into how they show up, how they're perceived, and how they impact others.

The seminar's comprehensive review process provides personalized insights and includes proven personality diagnostics to ensure a thorough understanding of each leader's unique traits. This critical analysis informs a tailored action plan that aligns with your leadership style and specific growth objectives.

This isn't surface-level training—it's a structured deep dive that uncovers blind spots and builds the internal awareness strong leadership depends on.

It's bar none the best self-leadership experience I've ever encountered in my entire existence.

~ J. Ryan Chandler, Chief Commercial Officer | President, Colonial Terminals

HILS-1: Build the foundation

Transformational leadership starts within.

2027 DATES

KEY OUTCOMES

- Greater presence and emotional control in high-stakes situations
- Increased trust and psychological safety across teams
- Awareness of reactive patterns—and the ability to shift in real time
- Improved communication, listening, and relational impact
- A personalized leadership action plan based on diagnostic insights
- A stronger foundation for leading with intention, not autopilot

I came away with more than insights—I gained confidence, clarity, and a renewed sense of purpose.

~ HILS-1 participant

January 25-29
February 22-26
March 15-19
April 19-23
May 17-21
June 7-11
July 12-16
July 26-30
August 23-27
September 27-October 1
October 25-29
November 15-19
December 6-10

PROGRAM DETAILS

REGISTER NOW

Class Size: Limited to 10 participants
(CEOs, senior executives, and management)

Length: 5 days, Monday–Friday with some evening work

Location: [Elizabeth Pointe](#) in Amelia Island, FL

Tuition: \$9,000 (does not include lodging or meals)

Discounts available for corporate commitments of 10+ attendees per year.



Jon Patton
Managing Partner



Ted Powell
Managing Partner



Cecilia Calderon
SVP and Sr.
Consultant



Andrea Haas
Sr. Consultant



Jennifer Rockwell
Sr. Consultant



Stacey Meade
Sr. Consultant



Kim White
Sr. Facilitator

Our team has extensive leadership experience working with Fortune 500 companies, small and medium-sized businesses, family enterprises and non-profit organizations. Their guidance is founded on decades of mindfulness-based leadership.

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