



HIGH IMPACT LEADERSHIP SEMINAR-2

Great leadership requires consistency under pressure.

HILS-2 is the second phase of transformational leadership. This immersive five-day seminar takes leaders beyond self-awareness into the deeper work of examining the beliefs, assumptions, and habitual patterns that shape how they lead—especially in times of change, challenge, and uncertainty.

Participants learn to recognize and let go of derailment behaviors that can limit both personal and professional effectiveness. Through emotional intelligence practices, they develop greater mindfulness, deeper self-awareness, and the ability to create lasting behavior change. As they strengthen the connection between mind and heart, leaders gain a clearer understanding of their core values and learn how to lead from those principles with greater intention. They become better equipped to respond with flexibility, resilience, and authenticity.

HILS-2 helps participants cultivate the inner strength, clarity, and presence needed to lead with confidence and purpose—regardless of the challenges they face.

We used to have to convince people. Now we have a waitlist.

~ Katie Vanderjagt, VP & Chief Human Resources, La-Z-Boy Corporate

HILS-2: Expose the patterns

Transformational leadership starts within.

**2027
DATES**

May 3-7
November 15-19

KEY OUTCOMES

- Clarity on the beliefs driving your leadership
- Ability to recognize and shift limiting patterns
- Greater consistency in how you lead and communicate
- Broader behavioral range to adapt across teams and situations
- Stronger ability to empower others while staying accountable
- Internal dexterity to lead through challenge and change

I lead with greater self-awareness and intention, more aware of how I react to high-pressure situations and mindful of my impact on others.

~ HILS-2 participant

PROGRAM DETAILS

REGISTER NOW

Pre-Requisite: HILS-1

Class Size: Limited to 12 participants
(CEOs, senior executives, and management)

Length: 5 days, Monday–Friday with some evening work

Location: [Well Being Retreat Center](#) in Tazewell, TN

Tuition: \$9,000 (does not include lodging or meals)



Jon Patton
Managing Partner



Cecilia Calderon
SVP and Sr. Consultant

Our consultants have extensive leadership experience working with Fortune 500 companies, small and medium-sized businesses, family enterprises and non-profit organizations. Their guidance is founded on decades of mindfulness-based leadership.

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