



HIGH IMPACT LEADERSHIP SEMINAR-3

Exceptional leadership is shaped from within.

HILS-3 is the most immersive phase of the High Impact Leadership Series. This 5-day seminar guides participants through uncovering the conditioning, narratives, and roles that silently influence how they lead, relate, and show up in the world.

By examining the internal storylines shaped by experience, environment, and expectation, participants begin to release outdated definitions of leadership—and step into a version of themselves that leads with clarity, alignment, and authenticity.

This isn't about performance. It's about transformation. When leaders see themselves more clearly, they lead with greater conviction, alignment, and impact—at every level.

Key outcomes:

- Clear understanding of the internal narratives shaping leadership identity
- Ability to let go of outdated roles, habits, and self-protection strategies
- Greater alignment between personal values and leadership presence
- Increased authenticity, trust, and courage in complex situations
- More ease, clarity, and consistency in how leadership is expressed
- A lasting shift in how participants see themselves—and how others experience their leadership

Program details

Pre-Requisites: HILS-1, HILS-2

Class Size: Limited to 12 participants
(CEOs, senior executives, and management)

Length: 6 days, Sunday–Friday, with some evening work

Location: [Well Being Retreat Center](#) in Tazewell, TN

Tuition: \$9,000 (*does not include lodging or meals*)

2026 Calendar

May 4–8

Ready to change
from within and
inspire your team?

REGISTER NOW

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This wasn't another leadership course...It changed how I lead because it changed how I see myself.

- HILS-3 participant

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HILS-3 is the third step of your leadership journey:



Experienced, real-world facilitators

Our consultants have extensive leadership experience in a variety of business environments. They have worked with Fortune 500 companies, small and medium-sized leadership businesses, family enterprises and non-profit organizations. Their guidance is founded on decades of mindfulness-based leadership.



Cecilia Calderon

Jon Patton